

**NEW YORK HEART ASSOCIATION (NYHA)
FUNCTIONAL CLASSIFICATION**

- Class I Patients with cardiac disease, but without resulting limitation of physical activity. Ordinary physical activity does not cause undue fatigue, palpitation, dyspnea, or anginal pain.
- Class II Patients with cardiac disease resulting in slight limitation of physical activity. They are comfortable at rest. Ordinary physical activity results in fatigue. Palpitations, dyspnea, or anginal pain.
- Class III Patients with market limitation of physical activity; they are comfortable at rest. Less than ordinary activity causes fatigue, palpitations, dyspnea, or anginal pain.
- Class IV Patients with cardiac disease resulting in inability to carry on any physical activity without discomfort. Symptoms of heart failure or of the anginal syndrome may be present even at rest. If any physical activity is undertaken, discomfort is increased.

<u>PALLIATIVE PERFORMANCE SCALE (PPS)</u>					
	<u>Ambulation</u>	<u>Activity/evidence of disease</u>	<u>Self care</u>	<u>Intake</u>	<u>Level of Consciousness</u>
100	Full	Normal activity no evidence of disease	Full	Normal	Full
90	Full	Normal activity Some evidence of disease	Full	Normal	Full
80	Full	Normal activity with effort. Some evidence of disease.	Full	Normal or reduced	Full
70	Reduced	Unable to perform normal work Some evidence of disease	Full	Normal or reduced	Full
60	Reduced	Unable to perform hobby/ housework; significant disease	Occasional assistance necessary	Normal or reduced	Full or confusion
50	Mainly sit/lie	Unable to do any work Extensive disease	Considerable assistance required	Normal or reduced	Full or confusion
40	Mainly in bed	As above	Mainly assistance	Normal or reduced	Full or drowsy or confusion
30	Totally bed bound	As above	Total care	Reduced	Full or drowsy or confusion
20	As above	As above	Total care	Minimal sips	Full or drowsy or confusion
10	As above	As above	Total care	Mouthcare only	Full or drowsy or confusion
0	Death				

**Karnofsky Performance Status Scale
Definitions Rating (%) Criteria**

Able to carry on normal activity and to work; no special care needed	100	Normal no complaints; no evidence of disease
	90	Able to carry on normal activity; minor signs or symptoms of disease
	80	Normal Activity with effort; some signs or symptoms of disease
Unable to work; able to live at home and care for most personal needs; varying amount of assistance needed	70	Cares for self; unable to carry on normal activity or to do active work
	60	Requires occasional assistance, but is able to care for most of his personal needs
	50	Requires considerable assistance and frequent medical care.
Unable to care for self; requires equivalent of institutional or hospital care; disease may be progressing rapidly.	40	Disabled; requires special care and assistance
	30	Severely disabled; hospital admission is indicated although death not imminent.
	20	Very sick; hospital admission necessary; active supportive treatment necessary.
	10	Moribund; fatal processes progressing rapidly.
	0	Dead